

# **Buffalo Tracks**



### Spring Parent-Teacher Conferences March 11 & 12, 5:00-8:00

For Parent-Teacher Conferences this spring we will be hosting two nights of "Open" parent teacher conferences from 5:00-8:00 on Tuesday and Wednesday March 11 and 12. This is a chance for all parents to come in and meet with their student's teachers and get the lay of the land for the end of the semester.

These conferences are a chance for parents to meet with teachers and talk about how things are going with their student. This is a great time to help your student have a great finish to their school year. If you have questions about graduation, Mr. Carr and Mrs. Hauf are usually available at these open conferences as well.

These conferences are scheduled the week before State Basketball so it is possible some of our coaches may be gone on the Wednesday evening of parent-teacher conferences.

"Before you throw more time at the problem, throw more focused action at the problem. You don't need more time, you need fewer distractions."

-James Clear

#### WYTOPP Testing for ALL 9th and 10th Graders

This year we will be completing our required WYTOPP testing for all 9th and 10th graders over four mornings in April. Testing will begin Wednesday, April 16 and continue on April 17, 21, and 22.

Students will test in the morning with makeup testing to follow in the afternoon on each of those days.

All 9th and 10th grade students will test in math and reading. 10th graders only will test on science, and 9th graders only will test on writing.

Our goal every year is for 100% of our students to test on all required tests. WYTOPP is a large part of our school accountability and provides staff with a strong blueprint for areas of focus in the classroom.

# Thank you Uinta County Sheriff's Office for the Cell Phone Safety Presentations

MVHS wants to thank Deputy Van Lente for coming in last week and visiting with our students about cell phone and online safety. We will be looking forward to having her come back in the fall to visit with all of our students again. We benefit from having an excellent relationship with local law enforcement and we appreciate their willingness to come in and have some honest conversations with our students. Having law enforcement meet with students also gives them another adult resource should they need some help navigating a difficult situation.

We want to encourage all parents to visit with their child about appropriate online behavior when it comes to social media, email, and texting. While we ask students to be good digital citizens at school, these conversations have the most impact when a parent sits and visits with their child about the potential consequences of inappropriate online behavior.

Appropriate use of technology is especially important as students are checked out a Chromebook here at MVHS. Being safe online is a huge responsibility and gives students the tools to be safe in the future after they leave high school.

Deputy Van Lente visited with the boys as a group and then the girls as a group separately. I also want to thank those parents who took the time to come in and observe this presentation as that gives them some strong talking points with their own students at home.

During Deputy Van Lente's presentation, I was reminded of what a difficult world our teens have to navigate. From phishing scams to Snapchat, it is a difficult world for our teens and they need a little help from their trusted adults to even begin to understand some of the consequences of their actions.

### Congratulations to our Student Spotlights

Each month the staff at MVHS recognizes a boy and girl from each grade for outstanding "student-ness." Congratulations to these January and February students for being recognized by their teachers for being so AWESOME! What a crew of students!

9th	Easton Okarma	Madison Thurstson
	Mason Tims	Jorgia Platts
10th	Kit Tait	Hannah Nielseon
	Owen Carpenter	Rhyan Rolston
11th	Aiden Harmon	Eliza Roitz
	Ashton Colangelo	McKayla Lym
12th	Nash Piekkola	Clara Romig
	Tharon Brown	McKinley Boglino

#### **Parking Lot Concerns**

Evan Cox

Please visit with your student about the responsibilities of driving. When the high school parking lot is covered in snow, driving and parking can be difficult. Students have to slow down and give themselves extra space to stop and turn.

When an accident happens, we need students to come to the office and report the incident, even if it is a minor fender bender. We want to know what happened and to be able to help students navigate a difficult situation.

In the mornings we have elementary students crossing that parking lot on their way to catch a bus and the last thing we want is for someone to get hurt. Getting behind the wheel is the most important thing your child does every day. Help them do it safely.

With our recent weather, if you have a student leaving their vehicle in the high school parking lot over night, please remind them to park over in the cafeteria / weight room area so then our maintenance department can still plow the snow, when necessary.

#### ACT Testing and ACT Prep for Juniors

The statewide ACT for all juniors is scheduled for **April 8, 2025**. This is a Tuesday. This is our Super Bowl! This is a chance for our students to get their best score on an important assessment and take advantage of home field advantage with an ACT test during a regular school day.

Any student who takes the ACT prior to the statewide testing date their junior year is eligible to be reimbursed for that test.

A student who earns a 23 on the math portion of the ACT is not only eligible to take College Math while at MVHS, but also has a 50% chance of getting a B or above in that class and an 80% chance of getting a C or above.

WWCC also requires a certain score on the English portion of the ACT for a student to enroll in ENG 1010 while still a high school student and MVHS may requires students to have an even higher score depending on class size.

## Mark your calendars for Reality Town at MVHS the morning of February 25.

Our goal is for all students to experience Reality Town twice while in high school. Why? Because they get better at this game of "life," when they practice it!

All MVHS students will participate.

#### **Tools for Students**

Over the next several weeks students will see posters with QR codes up in the hallways that lead to online tools that offer tips to help people better handle anxiety.

As part of an ongoing FCCLA project, MVHS freshman Addy Sweep is providing resources to students and staff to help students understand and navigate anxiety.

We can all get a little better about handling the stress of being in high school.

#### 2025 PEAP Recognition April 3, 2025

Each year in the spring our district recognizes 3rd, 5th, and 12th grade students who qualify for the President's Education Award Program with an awards ceremony and dessert.

At the high school level, PEAP honorees need to have a 3.85 cumulative GPA **AND** they need to achieve in the 85th percentile on a nationally normed math or reading test, like the ACT **OR** earn Advanced in Math or Reading on the WY-TOPP test.

High school students who qualify will receive an invitation and an information sheet related to their plans after graduation. The Uinta 4 cook staff prepare an AWE-SOME dessert table for this event so an RSVP is necessary if family is attending.

This year's PEAP recognition is planned for Thursday, April 3 at 7:00 pm. More information to follow as we get closer.

Congratulations to our **State 3A Game Day and Stunt Cheer Team**.
What an awesome event for so many student-athletes from across the state.

Thank you to our cheerleaders who take their roles as leaders in the building so seriously and who work to represent the school in such a positive way.

Also, congratulations to swimmer **Evan Bentley** for his awesome performance at Regional Swim last week. **Good luck at State!**